



Level 1

Life sucks!

Level 2

My life sucks!

Level 3

I'm great, you're not

Level 4

My life is great!

Level 5

Life is great!

Lets create
Roseta!

Happiness

Human flourishing

Brain State

*Positive

*Neutral

*Negative

**The Best is Yet
to Come!**

Brain State

*Positive

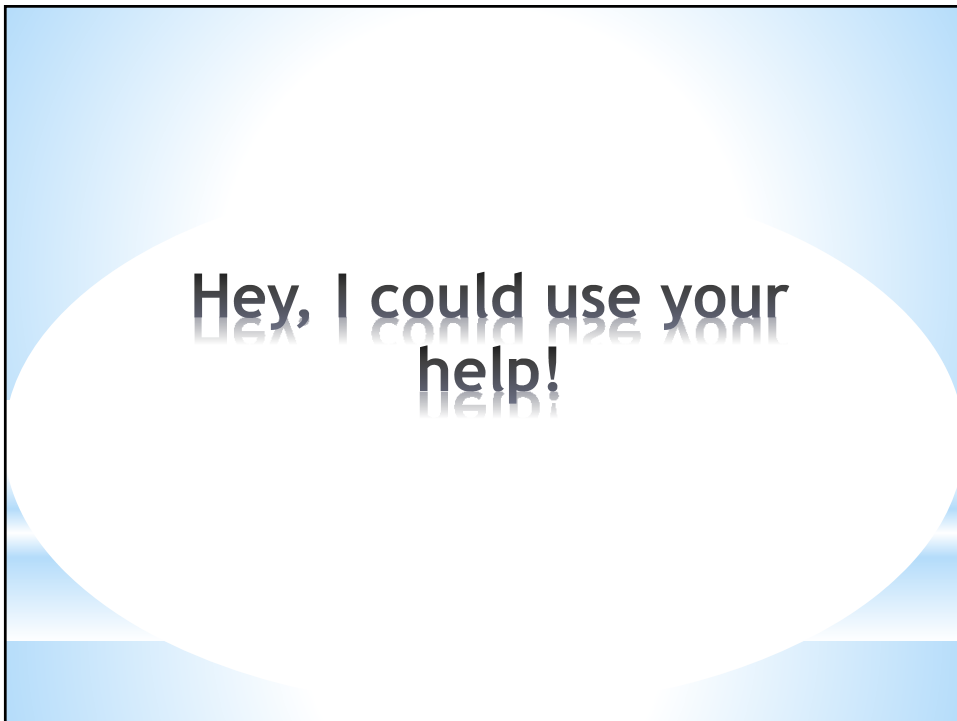
*Neutral

*Negative

Your favorite song in the
8th grade?

Oxytocin

The intimacy hormone!





Welcome to level 5



Cognitive fluency

